



Photo by Amy Moore

Adult Religious Exploration, January–February–March 2018

Registration is not required, but advance sign-ups are preferred.
Please email re@uudavis.org to sign-up.

Teach-in On Nuclear Weapons Policy Led by members of Davis Democratic Club
Saturday, January 13, 2:00-4:00 pm, Sanctuary

Social Justice

Speakers include Congressman John Garamendi and experts on global nuclear arms systems and constitutional law. Rep. Garamendi is an original sponsor of H.R. 699, a bill requiring a congressional declaration of war and specific authorization to use nuclear weapons first in a conflict. The teach-in will provide information on this pressing issue and ways to support Rep Garamendi in his effort to reduce the role of nuclear weapons.

Introduction to Spiritual Practice Led by Rev. Morgan McLean
Wednesday, January 17th, 7:00 - 9:00 pm, Library

Spiritual Practices

There are ancient traditions which invite people to be intentional in finding a time for reflection and openness to the surrounding world. Together we will examine what spiritual practice is and why it is important in our lives. This session will explore different spiritual practices including mandalas, prayer, lectio divina, movement, and more.

Homelessness Forum Led by Robin Datel and Stefan Harvey
Sunday, January 21st, 1:00 - 2:30 pm, Sanctuary

Social Justice

A panel of several local leaders involved in addressing homelessness will discuss its various dimensions as well as existing and future programs to ameliorate it. Audience interaction with the panelists is encouraged. The forum will be held just before our participation in the Interfaith Rotating Winter Shelter (January 28 - February 4) to help us see how it fits into the bigger picture of homelessness and local responses to it. Snacks will be served.

Tasty Theology For the Curious Led by Rev. Beth Banks
Wednesdays, February 7th, 21st, March 7th, 21st; 7:00PM – 8:30PM, Senghas Meeting Room

UU Identity

These sessions are designed for those who are new to Unitarian Universalism and those who have been active UUs for many years. We'll begin with a slice of something to eat and a slice of UU theology with a brief worship and presentation. As we unpack one slice of theology, we'll look for times when it applied to our lives and consider how it might guide our choices in the future. Participants will write, reflect, and discuss together. Although attending all sessions isn't a requirement, it is encouraged and communication will happen between the sessions.

And Then They Came for Us

Social Justice

Led by Robin Datel, Leanne Friedman, Stefan Harvey, Alexandra Lee-Jobe, Joyce Takahashi
Saturday, February 10th, 1:00 - 3:30 pm, Social Hall (*Childcare provided in the Bridgehouse*)

In honor of Fred Korematsu Day (January 30), this session features a film screening and related activities; children over 7 are encouraged to join. The 47-minute film, *And Then They Came for Us*, focuses on the World War II-era incarceration of West Coast Japanese Americans. It urges remembrance of this outrage as a warning against it happening again. There will be a discussion led by a panel (including Mary West of Davis and Floyd Shimomura of Woodland) and an art project designed for children and youth. Several members of UUCD have ties to the incarceration; materials embodying these ties will be on display. Snacks will be served. Attendees are urged to participate in a social justice action, inspired by the film and honoring the spirit of resistance shown by Fred Korematsu.

Understanding Addiction

Led by Rev. Morgan R. McLean
Monday, February 26th, 7 - 8:30 pm, Library

Personal Development

There are many people persevering one day at a time through addiction. This session will introduce attendees to several kinds of addiction, explore recovery programs, and see how addiction can affect both the addict and their loved ones. Using a UU lens, with the help of our guest panel we will consider how both as individuals and as groups we might be more mindful of addiction.

Speed Faithing

Led by Rev. Beth Banks and Dani Lindstrom
Sunday March 4, 4:00 - 5:30pm, Social Hall

UU Identity

Are you interested in learning more about what people at UUCD believe? Are you ready to engage in short conversations about your own beliefs, while having an amazing time learning about others'? In today's fast-paced society, it can be difficult to find time to connect with people on a theological level. Try Speed Faithing! It will be an opportunity to engage in short conversations with multiple people at UUCD and to learn about each other's spiritual and theological beliefs. Appetizers will be served and great conversation is guaranteed!

UU History Mystery

UU Identity

Led by Dani Lindstrom, Intern and Campus Minister
Friday, March 9, 6pm, Social Hall

Join in for an evening of intrigue and discovery! You will be introduced to major figures in UU history as they travel through time to help us solve a crime. Their social and theological contexts will certainly create interesting debate, lively conversation, and maybe a few awkward moments. Dinner will be served, if you dare. You must RSVP in advance.

Keeping it Together

Led by Rev. Morgan McLean
Tuesday, March 27th, 7:00 - 8:30pm, Social Hall

Leadership Development

Finding balance among our commitments and passions isn't always easy. Looking at professional, family, personal, and volunteer commitments, we will listen to "what makes your heart sing" as well as the practice of saying "no."



Ongoing Spirituality Groups: Several spiritual practice meetings occur regularly within our church community. From a UU perspective, these meetings focus on the true nature of being and reality. All are "open" meetings, and there is no need to enroll or register. Everyone is welcome.

Awakening Community, 1st and 3rd Thursdays, 7pm, in the Library. Led by Gerry Hair: *Explore spiritual practices based on a mix of traditions, including Christian mysticism, Buddhism, Sufism, and Taoism. This is an intermediate group.*

Davis Insight Group Buddhist Meditation, Every Wednesday, 7-8:30pm, Sanctuary, Facilitated by Jo Crescent.

On-the-Path, 4th Tuesdays, 7pm, Library. Facilitators Rich Bradley & Jack Whitsett. *Spirituality from a UU perspective.*

Satsang, 2nd Thursdays, 7pm, Library. Led by Larry Melton: *Teachings of Adyashanti, an American-born spiritual teacher.*